



Metropolitan Muse

Sigma Alpha Iota New York Alumnae Chapter Phi B Province

President's Letter

Dear Sisters & Friends,

I hope this newsletter finds you and your family well. I can't believe there is only four months left of the year. We have some many things coming up at the end of the year. I look forward to finishing out the year with a bang!

During the January meeting, the service committee spoke about many projects that are coming up during the remainder of the year ranging from Valentine's Day Sing to Revlon Run/Walk to helping Turtle Bay Music School. I would like to thank Aimee Steele for hosting such a wonderful meeting and Rosemary Metcalf for taking minutes.

I would like to ask you for help as we finish out the year. We have been having trouble getting submissions for our newsletter. Please don't forget to send Angela any information that you would like to share with your sisters. If you wish to submit something to the newsletter please remember to get your submissions in prior to the deadline of the newsletter.

Love & Roses,

Michelle Ingram

Next Newsletter Deadline... Wednesday, February 17

Send submissions to the editor at quasigeek@gmail.com or 845-649-6132

Visit www.sainyac.com for a complete list of deadlines throughout the year.

February 2010

Angela Zurlo, Editor



In this Issue

Page 2

- Jan Meeting Review
- A Funny Thing...
- Save the Date
- Jan Newsletter
- Correction

Page 3

- Julliard Baroque
- TMEA Convention
- MidAmerica
- Anniversary
- Vegan Taco Dip
- Roses go to...
- Share It

Page 4

- Calendar of Events

January Meeting Review

Submitted by Kathleen MacHose

On Sunday, January 10th, a dozen of us met at the lovely home of Aimee Steele. Our President, Michelle, got our meeting underway by reading a letter from our long-distance-sister, Chrissie Reiswig. Michelle also showed off a few California postcards that were also enclosed in Chrissie's card.

There was an emphasis placed on the reminder that the date for the February meeting has been changed due to outside obligations: **THE SUPER BOWL!!** For football fans, this is a must-see. For those of us who watch it for the half-time show, we can watch it later on TiVo ;) The new meeting time is Saturday February 20th, at 3pm at the home of Kat Maresco - please RSVP to her: kathleen.maresco@gmail.com

Michelle made a few revisions to the Chapter Bylaws and will be sending an email to everyone so these changes can be reviewed and approved (or not) at the next meeting. Please read through these changes and get your response to Michelle.

Together, our President Michelle, and our VP of Membership, Melissa, reviewed our chapter's installation information. The entire January newsletter had been dedicated to our chapter's founding since our 78th anniversary was January 1st. It's great to know there are so many strong women that have come before us in the chapter.

Cara Roldan and Aimee Steele of the Service committee were very excited about the fact that we will have 2 (!) RUNNERS and a fair number of walkers for the Revlon Run/Walk on Saturday May 1st. Please mark your calendars and get registered at <http://www.revlonrunwalk.com/ny/> - Our team is #1659. Also for Service, our chapter will be assisting the Turtle Bay Music School with their Perform-A-Thon, tentatively (for us) on May 15th. If you have questions about either of these events, please contact Aimee: aimeemsteele@gmail.com

College chapter Eta Mu, at The Hartt School in Hartford, will be hosting their annual Benefit for Life in March. This year it will benefit the Spina Bifida Association. Each year a different charity is chosen based on suggestions from the chapter members, so it always ends up being especially important to these ladies that their cause is so close to their hearts. This benefit will be

held on Saturday, March 27th (I stated the wrong date at the meeting), at 7pm on the University of Hartford campus. If you have any questions, please contact Kathleen MacHose, kathleen.machose@gmail.com

To finish up the meeting, we had a lovely mini-musical (with mini programs and all!) with performances by Aimee Steele and Dena Holland, with Jennifer Creek Hughes accompanying them.

SAVE THE DATE

March Social Event with Phi Mu Alpha

Sunday, March 20th, 2010

6:00 p.m.

Karaoke time!!

A Funny Thing...

Submitted by Michelle Ingram

You are invited to Come along and listen to the lullaby of Broadway as the Junior Catholic Daughters of America (JCDA), Court Ave Maria presents "A Funny Thing Happened on the Way to Broadway." Be our guest on Friday, February 26, 2010 at 8pm for a Broadway celebration. The event takes place at St. Joseph's Church in Kings Park, located 2 blocks north of the Long Island Railroad.

Acts include songs from such musicals as Wicked, Cabaret, Chicago, Sweet Charity, Godspell and more performed by members of the JCDA, Deidre Muro of Brooklyn based band Savoir Adore and myself.

Tickets for the event will be \$15. There will be raffles also taking place during the night!



January Newsletter Correction

In the article concerning the IAMA awards, the directors were mistakenly listed as judges. Also, Barbara Staton was omitted from the list of former directors. Sorry!

Julliard Baroque Brings on Bach

Submitted by Rosemary Metcalf

Performance of all six Brandenburg Concertos on period instruments, presented by Music Before 1800.

Performers are Julliard Historical Performance faculty, led by violinist/artistic director Monica Huggett and joined by Julliard graduate students)

Sunday, February 7 at 4:00 PM
Corpus Christi Church, 529 W121st Street
(between Broadway and Amsterdam)
Tickets available from Music Before 1800:
www.mb1800.org

P.S. Everyone can go because the SAI meeting was moved! ;-)

MidAmerica Anniversary

Submitted by Sara Bong

On November 29, NYAC member Sara Bong was among the full house at Carnegie Hall enjoying a special concert marking MidAmerica Productions' 1,000th concert and 25th Anniversary season. Sara is MidAmerica's Director of Program Development and a company vice president, and has been with the organization since 1988. The concert featured the 2009 winners of the Maria Callas Competition with MidAmerica's Artistic Director Peter Tiboris, as well as highlighting renowned British composer/conductor John Rutter, who was also being honored for his 100th conducting appearance with MidAmerica at Carnegie Hall. Following the performance, Sara, her colleagues, and special guests celebrated the joint anniversaries with a tribute and dinner reception on the "Bateaux New York."



Roses go to...

Rachel Berney got married Sunday, January 17, in Miami to Erik Kohlbrenner! Now she is Rachel Kohlbrenner! Congrats to them!

Vegan Four-Layer Taco Dip

Submitted by Kathleen MacHose

For SUPER BOWL watchers and standard party hostesses, this is a quick and easy dip to put together that looks nice in a clear bowl to show off the layers. This recipe has been with me for years and I got it by word-of-mouth, so I have no idea where it originated from.

- 1 8oz. container of Tofutti Sour Cream
- 1 Packet of powdered Taco Seasoning (the stuff you would actually mix in to season the beef)
- 1 15oz. can of fat free Refried beans
- 1 12oz. pack of Wholly Guacamole or at least 2 avocados worth of freshly-made guacamole
- 1 16oz. jar of your favorite salsa

1. In a bowl other than your serving bowl, combine the sour cream and the taco seasoning - Mix together thoroughly!!
2. Warm up the refried beans for about a minute in the microwave. They should just be soft, not runny.
3. Layer each of the parts in your serving bowl in the following order: Seasoned Sour Cream, refried beans, guacamole, then salsa on top.

Typically, since this is a vegan recipe, I leave off the cheese. If you are making this for omnivores, feel free to use regular sour cream and top with shredded cheddar cheese. Enjoy!

Share It with your sisters

A book co-authored by Dorothy Indenbaum and Sandra Schichtman for young adults entitled "Brava Clara-The Story of Clara Schumann" will be out this spring. It will join their book, "Gifted Sister-The Story of Fanny Mendelssohn" which was published in 2006. Also, Dorothy Indenbaum produces concerts at a private club each one which must include a woman composer. This month we have a pianist who will play an all-Chopin program with a taste of Clara Schumann.

TMEA Convention

Submitted by Eileen Cohn

Jim Cohn will be attending the Texas Music Educators Association convention (TMEA) in San Antonio, Texas, February 10th through the 13th. Four of his compositions will be performed by the Claribel Clarinet Choir of Ostend, Belgium, conducted by Maestro Guido Six. Meeting Jim in San Antonio will be Jane Ellen, Editor of the American Composer's Issue of Pan Pipes, as well as the Province Officer (Barbara Paisley) and Sisters from San Antonio and the surrounding area.

Upcoming Events

Feb 20

Informal Meeting/Mini Musicale

Saturday, February 20, 3:00 p.m.

Hostess: Kat Maresco

(110 Washington St, apt 4R)

RSVP by 2/10, kathleen.maresco@gmail.com or
732.600.0774

February Birthdays

Ursula Mamlok	2/1
Barbara Staton	2/4
Kimbery Dulchinos	2/14
Meredith Pozner	2/15
Paige Hardison	2/19
Marni Nixon	2/22



Feb TBA

Service Project: Valentine's Day Sing

Performance for NY Foundling Hospital

590 Avenue of the Americas

March 20

Karaoke with Phi Mu Alpha

Saturday, March 20, 6:00 p.m.

Hostess: Kat Maresco

Details TBA